



BOLDLY HERS

WOMEN NAVIGATING THE LEADERSHIP LADDER

3 Months | Immersive Learning Experience | Face-to-Face/Virtual





OVERVIEW

Are you battling 'impostor syndrome' whilst climbing your way up the ladder? Elevate your impact and unlock your leadership potential with confidence.

This programme is designed to give you tools to lead with dynamism, confidence and authority



WHY OUR PROGRAMME?

This programme is about self-development, addressing complexities such as being a career-orientated mother, juggling family aspirations and career growth, navigating the balance between firmness and softness in leadership, asserting yourself, and the 'how to' of driving change and mentoring other women.

At Regenesys Corporate Education we integrate Emotional Intelligence (EQ) and Spiritual Intelligence (SQ) with intellectual and network competencies in our learning methodologies and material designs.



PROGRAMME OUTCOMES:

This course will benefit you (and your organisation) by empowering you to:

- Enhance introspection into yourself as a person and as a leader;
- Harness your power in ways that impact your work environment;
- Overcome challenges of being a woman in leadership in male-dominated environments;
- Foster strategic thinking, innovation, and leadership agility;
- Mentor the next generation of women leaders; and
- Drive change in your organisation and, ultimately, in society.



PROGRAMME DETAILS:

- 6 days of training over 3 months.
- Face-to-face OR virtual Instructor Lead Training (vILT) delivery.
- Immersive learning experiences

PROGRAMME DESIGN

BLOCK 1 PERSONAL MASTERY AND AUTHENTICITY (2 days)

1.1: Conceptualising your purpose and authentic leadership

Spotlight: Harness skills and tools to lead with confidence and authenticity

- Lead consciously with intent and purpose
- The importance of self-advocacy and the 'how to' thereof
- Personal brand and authentic leadership
- The power of presence: showing up as an impactful leader
- Stress management, resilience and wellbeing
- Activity: Immersive simulation



BLOCK 2 : IMPACTFUL LEADERSHIP (continued)

2.2 Business Strategy and navigating the numbers

- Driving organisational vision and strategy
- Leading change through uncertainty and complexity
- Cascading the business strategy
- Project Management
- Key financial concepts: Understanding P&L, balance sheets, and cash flow
- Budgeting, forecasting, and managing resources
- Communicating financial information to key stakeholders
- Business Simulation

BLOCK 1 PERSONAL MASTERY AND AUTHENTICITY (continued)

1.2 Leading as a woman

Spotlight: Navigating the specifics of being a woman in leadership

- The realities of balancing career advancement with the responsibilities of parenthood
- Techniques for asserting oneself in a professional environment and overcoming gendered leadership barriers
- Effective leadership styles: Breaking the paradox between being firm and empathetic



BLOCK 2 : IMPACTFUL LEADERSHIP (4 DAYS)

2.1 Influencing Others and Achieving Organisational Goals

Spotlight: Sharpen strategic thinking and decision-making capabilities in complex business environments, finding 'your champions', and mentoring the next generation

- Planning for excellence
- Innovation and design thinking: problem-solving and decision-making tools
- Building high-performing teams.
- Conflict Management
- Finding your 'champions'
- Mentorship and coaching for performance
- High-performing team simulation exercise

LEARNING METHODOLOGIES, ALIGNMENT AND PROGRESSION



Associations

- Principles for Responsible Management Education (PRME)
- South Africa Business School Association (SABSA)
- Institute of People Management (IPM)
- South African Board for People Practices (SABPP)
- Association of African Business Schools (AABS)
- South African Council for Educators (SACE)
- Business Graduates Association (BGA)
- Association to Advance Collegiate Schools of Business (AACSB)

Company Accreditation

- Level 1 B-BBEE Contributor Rating



Further Education and Training (FET) Accreditation

- Department of Higher Education and Training under the Further Education and Training Colleges Act (2009/FE07/023)
- Quality Council for Trades and Occupations (QCTO)
- Services SETA
- Media Information and Communication Technology SETA (MICT SETA)
- Local Government SETA (LG SETA)
- SA Board for People Practices (SABPP)

Higher Education Accreditation, and Registration

- Certified as a Higher Education institution (2000/HE07/023) by the Department of Higher Education and Training (DHET)
- Council on Higher Education (CHE)
- South African Qualifications Authority (SAQA)
- Financial Sector Conduct Authority (FSCA)

CERTIFICATION:

- Certificate of Completion from Regenesys Corporate Education

All Regenesys Corporate Education open programmes can be tailored and customised for corporate cohorts

