

# SPECIALIST TO NEW MANAGERS PROGRAMME

### FOUNDATIONS FOR EFFECTIVE MANAGEMENT

2 Months | Immersive Learning Experience | Face-to-Face/Virtual





### **OVERVIEW**

Are you finding it difficult to navigate your new managerial role?

Stepping up from a specialist role to a supervisor or first-line manager requires new skills to lead effectively. This programme is designed to assist your transition by providing you with a strong foundation of management as well as practical application of theoretical frameworks and managerial competencies.



### WHY OUR PROGRAMME?

We integrate your emotional, spiritual (your purpose) and intellectual and network competencies by developing you as a holistic person to bring your best self to your workplace. This is enabled by mixed learning methodologies which includes the combination of theory with immersive learning experiences.



#### **PROGRAMME OUTCOMES:**

- Upon completion of this course, you will be able to:
- Manage yourself and your team(s) effectively
- Develop business acumen and get to grips with the 'how to' of management
- Get a grasp of latest management best practices
- Learn how to create and sustain value in the work that you do by being grounded in long-term vision and purpose



### PROGRAMME DETAILS:

- 5 days of training over 2 months
- Face-to-face or virtual Instructor Lead Training (VILT) delivery
- Immersive learning experiences such as simulations, role plays and action learning

#### **PROGRAMME DESIGN**

### **Block 1: Management Foundations**

### **Conscious Self-Leadership**

**Key elements:** self-motivation, discipline, and personal accountability

- Differentiating between leadership and management
- Emotional Intelligence(EQ) and its practical application in the workplace
- Leading with intentionality, purpose and values (i.e. Spiritual Intelligence)
- Setting SMART Goals
- · Stress and wellbeing management
- Simulation activity





## Block 2: The Managers Guide (continued)

### Business Principles and Insights

Key elements: Leading a business unit or organisational division and drawing insights

- Digital transformation in business: case studies and analysis
- Understanding and implementing Environment, Social and Governance (ESG) principles and polices in your business

### Block 1: Management Foundation (continued)

### Managing and Leading Others

Key elements: developing others, project and performance management, analysis and problem-solving

- Management principles and functions
- Styles of and approaches to management
- Understanding two-way communication and effectively managing others
- Project management: holding team members accountable
- Design Thinking: critical thinking tools for problem-solving and decision-making
- Tools for strategic analysis (SWOT, PESTEL, etc.)







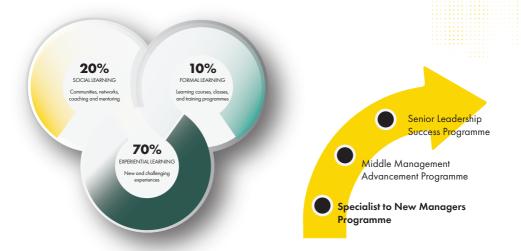
### Block 2: The Manager's Guide

#### **Management Fundamentals**

Key elements: business acumen, financial oversight, functional expertise, and driving strategic initiatives across the organisation.

- Human Resource Management
- Introduction to Operations and Project Management
- Setting performance expectations (KPIs)
- Achieving Service excellence
- Setting and achieving targets and business objectives
- Finance basics for first line leaders

### LEARNING METHODOLOGIES, ALIGNMENT AND PROGRESSION



### **ASSOCIATIONS AND ACCREDITATIONS**



### **CERTIFICATION:**

• Certificate of Completion from Regenesys Corporate Education

All Regenesys Corporate Education open programmes can be tailored and customised for corporate cohorts

